

Carer Support Groups and Hertswise Dementia Hubs Carers Week 2018 Activities



Dementia Carers' Support Groups

The Dementia Carers' Support Groups are for carers of someone with dementia and provide them with a chance to meet up, share their experiences and get information relevant to their caring role.

For more information about the groups call **HertsHelp on 0300 123 4044**.

Day and Date	Time	Activity	Location	Booking details
Thursday 14 th June 2018	1.30pm – 3.30pm	Coffee/tea and cake with the Bishop's Stortford group	Bishop's Stortford Baptist Church, Twyford Road, Bishop's Stortford, CM23 3LJ. The group meets the second Thursday of the month at the same venue.	Drop-in event for carers only. No need to book. For more information call HertsHelp.
Friday 15 th June 2018	12pm noon – 2pm	Carers' lunch with the Ware group	Beefeater, Marsh Lane, Stanstead Abbots, SG12 9QB. The group meets the second Monday of the month at this venue.	Lunch for carers only. To book or for details call 01992 58 69 69.
Friday 15 th June 2018	12pm noon – 2pm	Lunch for people with dementia and their carers	The Hertford Club, Bull Plain, Hertford, SG14 1DT. The group meets on the fourth Friday of the month at this venue (10am – 12pm noon)	To book or for more details call 01992 58 69 69.

Hertswise Dementia Hubs

The Hertswise Dementia Hubs are groups where people with dementia and memory loss and their carers/relatives can meet up, share experiences and enjoy activities. This Carers Week there will be a chance to enjoy tea/coffee and cake and get advice or information to support you in your caring role.

There is no need to book, just turn up or call **HertsHelp on 0300 123 4044** for more information.

Day and Date	Time	Venue
Monday 11 th June 2018	10am – 12pm	Tring Community Centre, Silk Mill Lane, Tring , HP23 5EP.
Monday 11 th June 2018	1.30pm – 3.30pm	Rickmansworth Baptist Church, 34 High Street, Rickmansworth , WD3 1EH.
Monday 11 th June 2018	2pm – 3.30pm	Layston Grove Care Home, Keen Avenue, Buntingford, SG9 9SY.
Tuesday 12 th June 2018	10am – 12pm noon	The Friary, Holdbrook North, Waltham Cross , EN8 7RY.
Tuesday 12 th June 2018	10am – 12pm noon	Beane River View Care Home, 1 Beane View, Port Vale, Hertford , SG14 3UD.
Tuesday 12 th June 2018	10am – 12pm noon	Herts Mind Network, 10 Leeming Road, Borehamwood , WD6 4DU.
Tuesday 12 th June 2018	1pm – 3pm	Meriden Community Centre, Garsmouth Way, Watford , WD25 9ET.
Wednesday 13 th June 2018	9am – 11.30am	The Hailey Centre, 18 Bell Street, Sawbridgeworth , CM21 9AS.
Wednesday 13 th June 2018	1pm – 3pm	Watford Wellbeing Centre, 501 St Albans Road. Watford , WD24 7RZ.
Wednesday 13 th June 2018	1pm – 3pm	St Cuthbert's Church (office), Whitley Road, Hoddesdon , EN11 0PU.
Wednesday 13 th June 2018	2pm – 4pm	St Andrews and St George Church, The Rectory, Cuttys Lane, Stevenage , SG1 1XX.
Thursday 14 th June 2018	1.30pm – 3.30pm	Phyllis Courtnage House, Smithfields, Hemel Hempstead , HP2 5YN.
Thursday 14 th June 2018	1.30pm – 3.30pm	Elm Court Youth & Community Centre, 363 Mutton Lane, Potters Bar , EN6 3PB
Thursday 14 th June 2018	2pm – 4pm	Guessens Court, Guessens Grove, Welwyn Garden City , AL8 6RQ.