

Carers in Hertfordshire Carer Hub Support Groups and Peer Led Groups



January 2018

If you are interested in trying out any of the groups below, please either e-mail learning@carersinherts.org.uk or phone 01992 58 69 69 and let us know which group you are interested in. We will then call the carer contact for the group who will be able to confirm timings, dates and venues with you – as occasionally these may have to change.

The main purpose of these groups is for carers to offer each other practical and emotional support.

Name of Group	Where Meeting
Carers in Hertfordshire Support Hub Group - Stevenage	Stevenage Leisure Centre, Lytton Way, Stevenage, SG1 1LZ Last Thursday of the month 10am – 12pm noon
Carers in Hertfordshire Support Hub Group Watford	Peace Hospice (Starlight Room), Peace Drive, Watford, WD17 3PH Second Monday of the month, 10.30am - 12.30pm (See end of list for peer led group at ASDA)
Carers in Hertfordshire Support Hub Group – Welwyn Garden City	United Reformed Church, Church Road, Welwyn Garden City, AL8 6PS Third Wednesday of the month 12pm noon - 2pm
Carers in Hertfordshire Support Hub Group – Hemel	South Hill Centre, Cemetery Hill, Hemel Hempstead, HP1 1JF. Second Wednesday of the month 10.30am - 12pm noon
Carers in Hertfordshire Support Hub Group – St Albans	St Paul's Church, Blandford Road, St Albans, AL1 4JP Third Tuesday of the month 10.30am – 12.30 pm
Carers in Hertfordshire Support Hub Group – Bishop's Stortford	Bishop's Stortford Baptist Church, Twyford Road, Bishop's Stortford, CM23 3LJ First Wednesday of the month 10.30am - 12.30pm
Carers in Hertfordshire Support Hub Group – Hoddesdon	Baptist Church, Burford Street, Hoddesdon, EN11 8HX Last Friday monthly 10.30am - 12.30pm
Carers in Hertfordshire Support Hub Group – Letchworth Garden City	Garden House Hospice, Gillison Close, Letchworth, SG6 1QU Third Wednesday of the month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Potters Bar	Furzefield Court (Residents Lounge), Mutton Lane, Potters Bar, EN6 3BS Last Wednesday of the month 10.30am - 12.30pm.
Carers in Hertfordshire Hub Group – Chorleywood and Rickmansworth	Chorleywood Beaumont Care Home, Rickmansworth Road, Rickmansworth, WD3 5SG Third Monday of the month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Ware	Salvation Army Hall, Baldock Street, Ware, SG12 9DH Third Friday monthly, 10.30am - 12.30pm
Carers in Hertfordshire Hub Group - Buntingford	Buntingford Library, 77 High Street, Buntingford, SG9 9AE Last Tuesday of the month, 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Berkhamsted	The Open Door, 360-364 High Street, Berkhamsted, HP4 1HU First Tuesday of the month, 10.30am – 12.30pm Starts February 6th 2018
Carers Camera Club	The Café, Campus West, Welwyn Garden City, AL8 6BX Second Wednesday of the month, 10am – 12pm noon

Hertsmere Carers Coffee Morning	St John House, The Walk, Potters Bar, EN6 0QQ, next to Parkfield Surgery, Meet alternate months first Friday 10.30am - 12pm noon (please contact us for meeting dates)
St Albans Stitch and Knit	Waterend Barn Pub, St Peter's Street, St Albans, AL1 3LE Alternate Tuesdays 10.30am – 12pm noon (please contact us for meeting dates)
Stevenage Carers Lunch	Bistro, Stevenage Leisure Centre, Lytton Way, Stevenage, SG1 2UA Second Monday of the month 12pm noon – 2pm
Abbots Langley Carers Coffee Morning	Methodist Church Hall, Langley Road, Abbots Langley, WD5 0EJ Last Wednesday of the month 10.30am - 12pm noon
The Pudding Club	The Barnabus Centre, St James' Thorley, Bishop's Stortford, CM23 4BE Third Monday of the month 8pm - 9.30pm
North Herts Mental Health Carer Support Group	The Wellbeing Centre, 28 Broadway, Letchworth, SG6 3AA Third Thursday of the month, (not August) 10am – 12pm noon
Radlett Group	Radlett Reform Synagogue, 118 Watling Street, Radlett, WD7 7AA (please ring the bell for access) (No meeting in April and October) Second Wednesday of each month 1.30pm - 3pm
Hatfield Evening Group	Tesco Extra (Community Room), Mount Pleasant, Oldings Corner, Hatfield, AL9 5JY Second Wednesday evening of each month 7.30pm - 9pm.
Bushey Carers Group	The Niland Centre, Rosary Priory, 93 Elstree Way, Bushey Heath, Bushey, WD23 4EE Third Wednesday monthly 2pm – 4pm
Borehamwood Carers Group	Fountain Court, Brook Road, Borehamwood, WD6 5RH First Wednesday of the month 2pm - 4pm
Stevenage Mental Health Carers Support Group	Stevenage Wellbeing Centre, 13 Town Square, Stevenage, SG1 1BP. Cost: £2 per session Third Tuesday of each month 6pm - 7.30pm
Caring for Carers in Mental Health Dacorum	Herts Mind Network, 139 Leighton Buzzard Road, Hemel Hempstead, HP1 1HN First Thursday monthly, 7.45pm – 10pm Contact: Dick Lovelace 01442 823712 or 07850 186210
Watford Carers Group	ASDA, Odhams Industrial Estate, St Albans Road, Watford, WD24 7RT First Thursday of the month 10.30am – 12.30 pm