

## Sensory Room

Our Children's Centre in North Watford has a fully accessible Sensory Room which is available to hire.

Our Sensory Room features:

- An Infinity Tunnel
- A Bubble Tube
- Fibre-Optic Lights
- A Star Carpet
- Wind Tunnel
- Star Projector
- Sensory Music



If you're interested in hiring our Sensory Room, please phone our Children's Centre on 01923 220816 or email [CandYP@watfordmencap.org.uk](mailto:CandYP@watfordmencap.org.uk)



Watford Mencap Head Office

The Old Town Hall

105 High Street

Rickmansworth

WD3 1AN

01923 713620

Watford Mencap Children's Centre

524 St Albans Road

Watford

WD24 7RX

01923 220816



## 19+ Day Opportunities

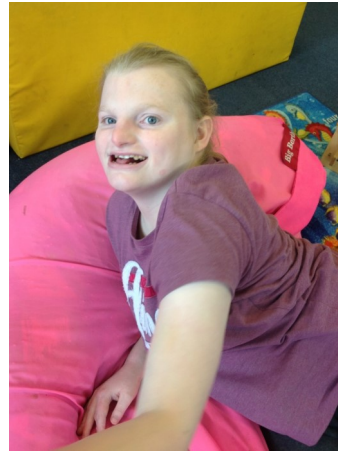
This day service has been designed to meet the needs of those with profound and multiple learning disabilities, who have finished school and are looking for day time activities. Clients using this service will be supported on a 1:1 basis to access a range of activities out in the community.

Our activities are designed around the interests and needs of our clients and their parents and carers.

Watford Mencap are firmly committed to providing high quality, person centred care and this is reflected in the way our staff work. Our staff are fully trained in areas such as:

- ◆ Personal Care
- ◆ Administering Medication
- ◆ Epilepsy
- ◆ Hoisting
- ◆ Gastrostomy

If you would like to know more about this service please phone us on 01923 220816 or email [CandYP@watfordmencap.org.uk](mailto:CandYP@watfordmencap.org.uk)



## Changing Places

Watford Mencap has 2 Changing Places toilets; one at our Children's Centre in North Watford and one at our Head Office in Rickmansworth. Our Changing Places offer a height adjustable adult sized changing bench, a tracking hoist, adequate space for the disabled person & 2 carers and a centrally placed toilet with room either side.

Head Office opening times: Mon-Fri 9.30am-5pm

Children's Centre opening times:

**Term Time** - Mon 9-5. Tues, Weds & Thurs 9-7. Fri 9.30am-9.30pm and Sat 9.30-4.30.

**Holidays** -Times vary during school holidays, so please phone us on 01923 220816 to check.

## PMLD Network

This is a network for those involved in the care and support for those with profound and multiple learning & physical disabilities, and sensory & communication difficulties.

The Network is hosted by Watford Mencap, we organise meetings and activities 4 times each year which are open to parents/carers and professionals. Activities in the past have included; a relaxation afternoon for parents whilst their child enjoys a sensory session, an intensive Interaction workshop for both parents & professionals and a talk on friendships in people with PMLD.

If you'd like to know more about the network, please contact Lata on 07901914154 or [LRees@watfordmencap.org.uk](mailto:LRees@watfordmencap.org.uk)



## Portable Changing Facility

The MIGLOO is a portable, stand-alone changing facility that provides those with profound disabilities a private place in which to be changed out in the community. The MIGLOO includes a hoist and adult sized changing bench.

We will be taking our MIGLOO out to the following community events in 2017:

The Watford 10K - Monday 1st May

The Ricky Canal Festival - 20th & 21st May

Croxley Revels - 24th June

Abbots Langley Carnival - 10th June

CroxFest - September



To find out more about our Migloo or to suggest other community events, please contact us on [CandYP@watfordmencap.org.uk](mailto:CandYP@watfordmencap.org.uk) or phone 01923 220816.