

Draft Mental Health Strategy

2016-2021

Carers Mental Health Forum 13 July 2016
Anna Hall, Senior Commissioning Manager – Mental Health

Background

- The aim of the strategy
- Building on previous strategy
- Five year forward view
- Analysis of local needs
- Views of service users, carers and stakeholders

Analysis of local needs

- Estimated 172,558 adults aged 18-64 experiencing some form of mental ill health.
- 2010-15 increase in diagnosis of adult mental health illness 4%-15%
- Next 10 years the increase in mental health prevalence will rise at an estimated 6%.
- By 2025 prevalence of common mental health conditions, such as anxiety and depression to increase to 120,000



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Hertfordshire MH - population 18-64 projection by type of mental disorder 2015- 2025

Source PANSI/POPPI

	Common mental disorder	Borderline Personality Disorder	Antisocial Personality Disorder	Psychotic Disorder	predicted to have two or more psychiatric disorders	Total
2015	113,487	3,176	2,438	2,821	50,636	172,558
2020	117,103	3,278	2,514	2,910	52,243	178,048
2025	119,850	3,354	2,576	2,979	53,480	182,239



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Views of service users, carers and stakeholders



Five Themes

- Listening and responding to service users and carers
- Early and fair access to diagnosis, treatment and support
- Valuing mental and physical health equally
- Preventing and responding to crisis
- From recovery to independence



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Listening and responding to service users and carers

- Effectively influence and shape the development, planning, commissioning, mobilisation and monitoring of mental health services
- Meaningful involvement and collaboration in service improvement with people who use the services
- Exercise choice and control over where, when and how they receive care and support.
- Work with statutory, voluntary and independent partners to implement the Making it Real principles
- Work with carers and partners in the statutory, voluntary and independent sectors to deliver on our Joint Strategy for Carers



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Early & Fair Access to Diagnosis, Treatment & Support

- 1st episode of psychosis access to an approved care package within 2 weeks of referral
- Increase access to evidence based psychological therapies
- Increase access to psychological therapies for people with psychosis, bipolar and personality disorder
- Mental health champions in each community
- Review and expand where possible community based services
- Ensure services commissioned incorporate relevant physical health care interventions
- Develop a Prevention Concordat programme that supports health and wellbeing
- Optimise the use of digital channels to communicate key messages



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Valuing Mental & Physical Health Equally

- Access to prevention and screening programmes.
- Early detection and expanding access to evidence based physical care assessment and interventions
- Mental Health inpatient services smoke free by 2018
- Raise awareness of good physical and mental health and support people to seek help when they need it.
- Support women who experience mental health problems in pregnancy and during the first year following the birth



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Preventing and responding to crisis

- Meet the national Mental Health Crisis Care Concordat
- Develop a multi-agency suicide prevention strategy and action plan
- Expansion of the RAID programme
- Offer intensive home treatment as an alternatives to an acute inpatient admissions 24/7
- Work with partners organisations to reduce premature mortality among people with severe mental illness
- Develop all age mental health liaison services in emergency departments and inpatient wards



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From recovery to independence

- Pilot of a wellbeing college that includes mental and physical health courses
- Providing peers by experience to guide through options for care & ensure appropriate support
- Support to find or stay in work through increasing access to psychological therapies
- Work with providers to develop schemes to improve mental health and employment outcomes
- Focus on people with long term physical health conditions and supporting people into employment
- Strengthen & review secondary (specialist) commissioning arrangements with HPFT as the secondary mental health provider



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Consultation Timeline

- CCGs & HCC
- May – July
- Attend meetings
- Website

www.hertsdirect.org/your-council/consult/

- MHStrategy@hertfordshire.gov.uk



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Feedback needed

- Do you agree with the overall aims and priorities within the Strategy?
 - Why?
- Would this Strategy help you as a person/ organisation?
 - How?
- Do the key themes and aims captured cover a wide range of need?
 - Is there anything additional you feel should be included within the themes?
- Is there anything else missing that you feel should be included in the strategy?

Do you have any further comments
you wish to make about the draft
strategy?

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