

Mental Health Carers' Forums 2018

Our forums provide an opportunity to meet others who care for someone with a mental illness. You can also hear from guest speakers and learn more about local statutory and voluntary mental health services. We share information and concerns and agree responses to proposals for changes to Mental Health Services.

Tuesday 23rd January 2018

10.30am - 12.30pm

Coffee from 10am and a light sandwich lunch afterwards

Tuesday 13th March 2018

1pm - 3pm (light sandwich lunch from 12.30pm)

Thursday 17th May 2018

10.30am - 12.30pm

Coffee from 10am and a light sandwich lunch afterwards

Tuesday 10th July 2018

1pm - 3pm (light sandwich lunch from 12.30pm)

Thursday 13th September 2018

7pm—9pm (Tea/coffee & cakes from 6.30pm)

Thursday 15th November 2018

10.30am - 12.30pm

Coffee from 10am and a light sandwich lunch afterwards

**All sessions are held at Oxlease House,
Travellers Lane, Hatfield, AL10 8TJ.**

We can discuss travel arrangements and also cover the costs of alternative care. You can get in touch via:

Tel: 01992 58 69 69

or email: contact@carersinherts.org.uk

or go to events at

www.carersinherts.org.uk



making carers count