

Workshop for Mental Health Carers

Learn ways to develop your skills of communication to enable you to communicate more effectively and positively with the person you care for

Where: Birchwood Leisure Centre,
Longmead, Hatfield, AL10 0AN

When: Friday 20th July 2018
9.30am Tea or Coffee
Workshop from 10.00am - 1.00pm
followed by a light sandwich lunch



charity registration number 1085491

making carers count

For more information or to book your place:

Call: 01992 58 69 69

Email: contact@carersinherts.org.uk

Online: via the Events calendar at www.carersinherts.org.uk

We can help with travel arrangements and alternative care costs to enable you to attend please contact us to discuss.