

# Mental Health Carers' Forum

Join us to find out more about  
Hertfordshire's  
Nightlight Crisis Service &  
New Leaf Wellbeing College

Our speakers will answer carers' questions and provide an overview on their services and what support they offer. The New Leaf Wellbeing College will give an update on the wide range of courses they deliver, free of charge, across Hertfordshire.

**Where:** Oxlease House, Travellers Lane,  
Hatfield, Herts, AL10 8TJ.

**When:** Thursday 15th November 2018  
10.30am - 12.30pm  
(Coffee/tea from 10am and light  
sandwich lunch at the end.)

For more information or to book your place:

**Call:** 01992 58 69 69

**Email:** [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)

**Online:** via the Events calendar at [www.carersinherts.org.uk](http://www.carersinherts.org.uk)

We can help with travel arrangements and alternative care costs to enable you to attend please contact us to discuss.



*Making Carers Count*