

Family Carer's Forum

For family and friend carers whose lives are affected by the drug or alcohol use of someone they care about.

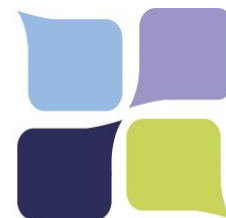
Meet other carers and find out more about local services.

Join us on Tuesday 1st May 2018

When: 10am — 12.30pm

Where: Oxlease House, Travellers Lane, Hatfield, Herts, AL10 8TJ.

Sandwich lunch provided at 12.30pm



Carers
in Hertfordshire

charity registration number 1085491

making carers count

This meeting there will be an introduction to CRAFT: Community Reinforcement and Family Training that is for families/carers who are affected by a loved one's drug or alcohol misuse.

CRAFT is an evidence-based intervention that can help families/carers:

- Better understand addiction and improve their communication with someone who misuses substances;
- Get a resistant loved one into treatment, progress with treatment or reduce their substance use;
- Learn how to cope and heal.

We look forward to seeing you there. You can book a place via:

Tel: 01992 58 69 69

Email: contact@carersinherts.org.uk

Our website: www.carersinherts.org.uk

We are happy to discuss travel arrangements with carers who do not have their own transport.