

# Family Carers' Forums 2019

The Forum is for people whose lives are affected by the drug or alcohol use of a relative, friend or someone they care about. You can meet other carers and share your experiences and views on the health and care services in Hertfordshire with those who plan or provide them.

**Tuesday 29th January 2019**

**Tuesday 7th May 2019**

**Tuesday 2nd July 2019**

**Tuesday 3rd September 2019**

**Tuesday 3rd December 2019**

**When: 10am - 1pm**

**A light sandwich lunch is served from 12.30pm.**

**Where: Oxlease House, Travellers Lane,  
Hatfield, Herts, AL10 8TJ.**

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**Our Family Matters Event takes place on Monday 11th  
March 2019 from 10am - 1pm at Oxlease House, Hatfield.**

We can discuss travel arrangements with carers who do not have their own transport and also cover the costs of alternative care.

**To book your place please:**

**Call 01992 58 69 69**

**Email: [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)**

**Or visit: [www.carersinherts.org.uk](http://www.carersinherts.org.uk)**



**Carers**  
in Hertfordshire

charity registration number 1085491

*Making Carers Count*