



# Carers Welcome Pack

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**Please help yourself:  
and return any completed forms to the surgery**

**Thank you!**

For further information please contact: .....

Carers Champion Tel: .....



**NHS**  
*East and North Hertfordshire  
Clinical Commissioning Group*

# Are you a carer?

**You are a carer if you provide help and support, unpaid, to a family member, friend or neighbour who would otherwise not be able to manage**

The person you care for may have a physical or learning disability, dementia, mental health problems, may misuse drugs or alcohol or may be ill or frail. The person may live with you or elsewhere, may be an adult or a child but if they rely on you for support, then **you are a carer**. Anyone can become a carer: Carers come from all walks of life, all cultures and can be of any age



## Benefits of Registering as a Carer at your GP Surgery

We as a practice are dedicated to offering you as much help & support as needed & we work very closely with Carers in Hertfordshire in order to achieve this

Once registered as a carer we can offer you if required:

- **Flexible Appointments**
- **Flu vaccination**
- **Information & Support**
- **Referral to Carers in Hertfordshire**

## To register as a Carer at the surgery

Please complete the enclosed forms & return to the surgery so that we can register you as a carer on our clinical system

For further information please contact ..... Carer Champion



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# Consent to Share Information

**(To be completed & signed by the Person wishing to share their information)**

Name:.....(Complete in block letters)

Address: .....

.....

Contact Telephone Number: .....

Date of Birth:.....

Hereby give permission for medical information to be discussed with: .....

.....(Please print name/s)

Address:.....

.....

Contact Telephone Number: .....

Date of Birth:.....

Their relationship to me is: .....

(E.g.: Carer, Friend, Parent, Brother, Sister)

Signature:..... Date:.....

(of person receiving care)

Please note it is your responsibility to inform the Practice of any changes that might occur.

